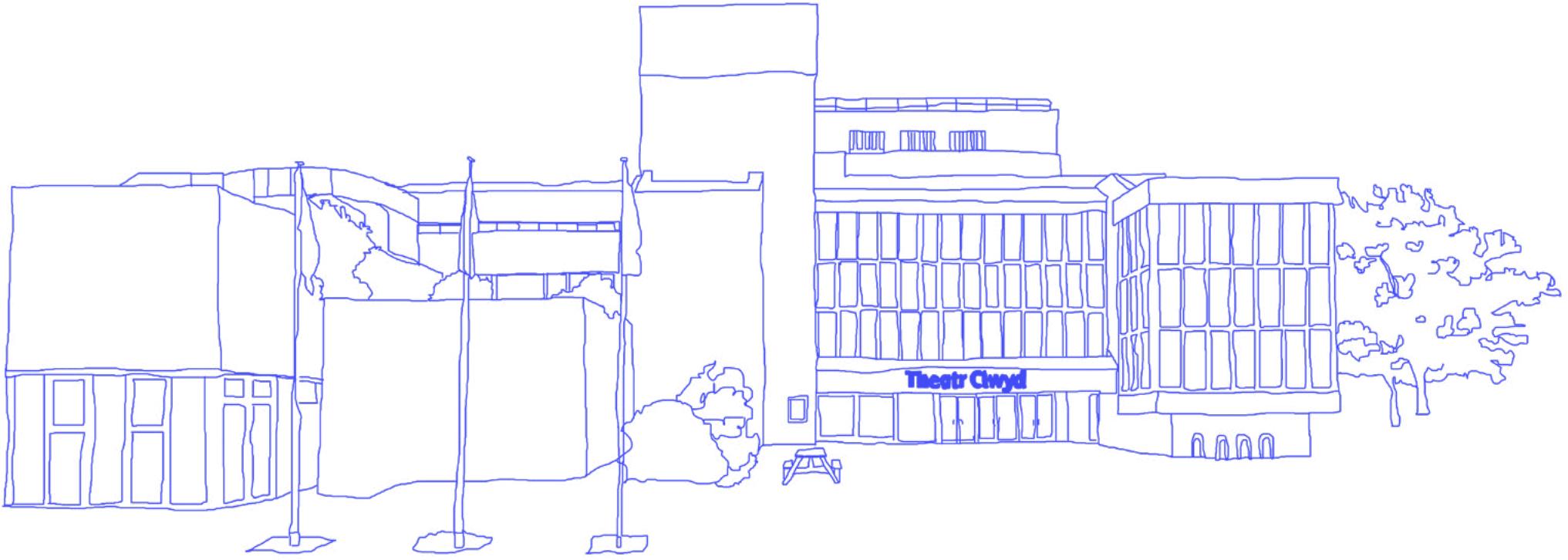




# Prosiect Cynefin

Pecyn Gweithgareddau Creadigol  
Creative Activities Pack



# Negeg gan Theatr Clwyd

A message from Theatr Clwyd

Rydyn ni yn Theatr Clwyd, yn wirioneddol drist na allwn ni eich croesawu chi i'n hadeilad i gymryd rhan ym mhrosiect Cynefin fel rodden ni wedi bwriadu ei wneud yr haf hwn. Ar hyn o bryd, rydyn ni'n dal yn dynn i'r gred y byddwn ni'n cael cyfle i wneud rhywbeth creadigol gyda'n gilydd yn fuan.

Yn y cyfamser, cadwch yn saff, cadwch mewn cysylltiad, a chofiwch eich bod yn rhan o deulu Theatr Clwyd o hyd. Welwn ni chi gyd yn fuan.

We at Theatr Clwyd were so excited to welcome you into our building as part of the Cynefin project this Summer. While it saddens us that we can't do that right now, we're holding fast to the belief that someday and somehow, we'll get the chance to do something creative together soon.

In the meantime, stay safe, stay in touch, and remember you are all still part of our Theatr Clwyd family. See you all soon.

# Helo mawr i chi...

## Ysgol y Foel, Ysgol Sychdyn, Ysgol Terrig, Ysgol yr Esgob, Ysgol Mornant ac Ysgol Licswm

Mae yna lot wedi newid ers i ni fel artistiaid ymweld â'ch ysgol chi ddiwethaf. Efallai fod rhai ohonoch chi adref ar hyn o bryd yn gwneud gwaith ysgol a rhai eraill ohonoch yn parhau i fynd i'r ysgol.

Y neges bwysicaf hoffem ni fel artistiaid ei rannu gyda chi yw ei bod hi'n berffaith iawn i deimlo'n ofnus neu'n bryderus yn ystod y cyfnod hwn. Cofiwch fod siarad gyda ffrind neu oedolyn rydych chi'n ymddiried yn ddyn nhw bob tro yn syniad da!

Neges arall hoffwn ni ei rannu gyda chi ydi, er na allwn ni ddod i ymweld â chi yn yr ysgol ar hyn o bryd, fe allwch chi barhau i fod yn greadigol a defnyddio'ch dychymyg lle bynnag ydych chi! Fel artistiaid o bob math, rydyn ni'n aml yn defnyddio creadigrwydd i dawelu ein meddwl, i ymlacio neu'n bwysicach fyth, i gael hwyl!

Felly, rydym ni wedi rhoi'r pecyn yma at ei gilydd i chi sy'n llawn gweithgareddau creadigol i chi wneud yn unrhyw le – boed yn eich gardd, eich ystafell wely neu eich ystafell ddosbarth.

Os ydych chi'n awyddus i ysgrifennu stori fer, creu hunan-bortread neu gynhyrchu dawns unigryw o gwmpas y tŷ, gall y pecyn yma ddangos i chi ffyrdd newydd a chreadigol i wneud hynny.

Mae gan y rhan fwyaf o'r gweithgareddau yn y pecyn fideo arbennig gan yr artistiaid i'ch helpu drwy'r broses. Mae'n bosib hefyd y byddwch angen ambell i beth ar gyfer cwblhau'r tasgau ond mae'r rhain i gyd yn bethau ddylech chi allu eu ffeindio yn eich tŷ neu'r ysgol.

Fe welwch hefyd gyfleoedd i yrru eich creadigaethau draw atom yn y pecyn. Rhannwch eich gwaith gyda ni er mwyn i ni gael gweld pa mor greadigol a dychmygus allwch chi fod!

A chofiwch, os ydych chi'n cael trfferth gydag unrhyw dasg, gallwch chi gysylltu gyda ni i ofyn am gymorth!

### Cadwch yn saff a chadwch yn greadigol

Dafydd, Llŷr, Mari, Angharad, Manon, Dafydd, Gwennan ac Angharad

*Cysylltwch â ni drwy [cynefin@theatrclwyd.com](mailto:cynefin@theatrclwyd.com) os hoffech chi unrhyw wybodaeth pellach ynglyn â'r pecyn hwn.*

# A big hello...

## Ysgol y Foel, Ysgol Sychdyn, Ysgol Terrig, Ysgol yr Esgob, Ysgol Mornant and Ysgol Licswm

A lot of things have changed since we as artists visited you at your schools. Some of you may be at home continuing with your schoolwork, and others may still be attending school.

Our biggest message to you as artists is that it is ok to feel a little scared and anxious during this time and to speak to a friend or an adult you trust if you're feeling overwhelmed.

Another message we'd like to share with you is that, although we can't come to visit you at your schools, you can still find ways to be creative and use your imagination, wherever you are! As artists of all kinds, we regularly use creativity to take our mind off things, to relax and, most importantly, to have fun!

So we've decided to send you this pack of creative activities that you can have a go at wherever you are – be it in your garden, your bedroom or your classroom.

If you fancy a go at writing a short story, drawing a self-portrait or creating your own signature handshake, this pack will show you new and creative ways of doing exactly that.

Most of the tasks have handy watch-along videos to guide you through the process. You might need some equipment along the way, but these should all be things that you can find around your house or in your classroom.

You'll also find opportunities to send us photos or videos of your creations throughout this pack. Share your work with us so we can see how amazingly creative and imaginative you are!

And remember, if you're having some trouble with a task, you can always contact us for some advice!

**Have fun, stay safe and keep being creative**

Dafydd, Llyr, Mari, Angharad, Manon, Dafydd, Gwennan and Angharad

*Contact us on [cynefin@theatrclwyd.com](mailto:cynefin@theatrclwyd.com) if you need any further information about this pack.*

# Hunan-bortread

## Self-portrait

Ers **canrifoedd**, mae artistiaid o bob math wedi bod yn cynhyrchu hunan-bortreadau. Gall hunan-bortread gymryd sawl ffurf. Er enghraift, **paentiad, fforeground, cerflun, ffilm** neu hyd yn oed **drac sain**. Yn symw, hunan-bortread ydi darlunio'ch hunain mewn unrhyw ffordd yr hoffech chi.

Yn y dasg hon, byddwn yn gofyn i chi greu eich hunan-bortread **unigryw** chi.

### Beth fydd ei angen

- Papur
- Pensil neu feiro
- Amserydd

### Y Dasg

Cymerwch y tamaid papur a'i osod o'ch blaen. Yna, gosodwch eich amserydd i 20 eiliad. Gafaelwch yn eich beiro neu bensil, cychwyn yr amserydd a chau eich llygaid. Gan gadw'ch **llygaid** ar gau, **darluniwch** hunan-bortread o'ch hun. Agorwch eich llygaid pan fo'r amserydd yn gorffen.

For **centuries**, artists of all sorts have been making self-portraits. A self-portrait can take many different forms. It could be a **painting, a photograph, a sculpture, a film** or even a **soundtrack**. Simply put, a self-portrait is illustrating yourself in any way you'd like.

In this task, we will ask you to create your own **unique** self-portrait.

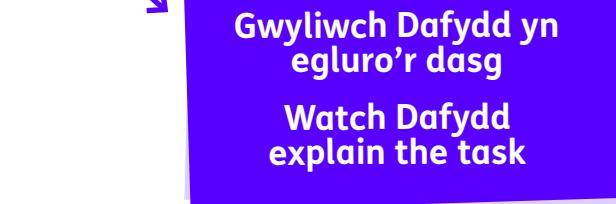
### What you'll need

- Paper
- Pencil or biro
- Timer

### The task

Take the piece of paper and place it in front of you. Then, set your timer to 20 seconds. Hold your pencil or biro, start the timer and close your eyes. Keeping your **eyes** closed, draw a self-portrait on the paper in front of you. Open your eyes once the timer has finished.

Cliciwr yma



Click here

Gyrrwch eich hunan-bortreadau  
Send your self-portraits

Tua 10 munud

# Stori Fer drwy'r Ffenest

## A Short Story through the Window

Ewch at unrhyw **ffenest** yn eich cartref ac edrychwch drwy'r ffenest honno. Sylwch ar un peth oehr arall i'r ffenest ac astudiwch y **gwrthrych** hwn yn fanwl.

Wedi i chi astore'o'r gwrthrych, **ysgrifennwch dri ansoddaid** i ddisgrifio eich gwrthrych. Er enghraift, gallwch ddefnyddio ansoddeiriau megis **sgleiniog, coch a crwn** i ddisgrifio blwch postio.

Nawr **atebwch** y cwestiynau canlynol am eich gwrthrych:

1. Beth ydy **enw** eich gwrthrych?
2. Sut mae eich gwrthrych yn **siarad**? Os nad yw'n siarad, tybed sut sŵn mae'n ei wneud?
3. Beth mae eich gwrthrych yn ei **gasáu** fwyaf?
4. Beth mae eich gwrthrych yn ei **hoffi** fwyaf?
5. Beth ydy **diddordebau** eich gwrthrych?
6. Beth ydy'r peth pwysicaf yn y byd i'ch gwrthrych chi?
7. Beth ydi **breuddwyd** eich gwrthrych chi?

Nawr ysgrifennwch stori fer gan ddefnyddio'r gwrthrych fel prif gymeriad. Gallwch ddefnyddio rhai o'r atebion i'r cwestiynau uchod fel **ysbrydoliaeth!**

Go to any **window** in your house and look through that window. Notice one **object** on the other side of the window and study it carefully.

After studying your object, **write three adjectives** that describe it well. For example, you could use adjectives such as **shiny, red** and **round** to describe a post box.

Now **answer** the following questions about your object:

1. What is your object's **name**?
2. How does your object **speak**? Or, if it can't speak, what kind of noise does your object make?
3. What does your object **hate** the most?
4. What does your object **like** the most?
5. What are your object's **hobbies**?
6. What is the most important thing in your object's life?
7. What is your object's **dream** or ambition?

Now write a short story using your object as the main character. You can use some of the answers to the questions above as **inspiration!**



Click here

Gyrrwch eich straeon  
byrion atom ni  
Send us your short  
stories



Tua 1 awr

# Creu dawns gyda'ch enw

## Creating a dance using your name

Weithiau gallwn gael **ysbrydoliaeth** o'r pethau mwyaf anarferol. Boed yn bethau rydym ni'n eu gweld ym myd natur, dŵdl rydym ni wedi ei **sgriblo** ar gornel tamaid o bapur neu hyd yn oed eich **enw**!

Yn y dasg hon, bydd Angharad yn dangos i chi sut i greu **dawns** gan ddefnyddio eich enw fel ysbrydoliaeth. Byddwch yn **sillafu** eich enw gyda rhannau gwahanol o'ch corff gan gynnwys eich **bysedd**, eich **penelin** a'ch **trwyn**. Mae'n anhygoel pa mor greadigol y gallwch chi fod gyda dim ond eich **corff** ac eich enw!

**Cliciwrch** ar linc fideo Angharad ar gornel dde'r dudalen hon i weld y dasg.

Sometimes we can take **inspiration** from the unlikeliest and smallest of things. Whether it be things we see in nature, a little doodle we've **scribbled** on the corner of a piece of paper or even your **name**!

In this task, Angharad will show you how to create a **dance** using only your name as inspiration. You'll be **spelling** out your name with various parts of your body including your **fingers**, your **elbow** and your **nose**! It's surprising how creative you can get using only your **body** and your name!

**Click** on the video link at the right-hand corner of this page to see the task.



Tua 1 awr

# Sialens Cyfarchiad Cerddorol

## Musical Challenge Handshake

Ffansi **sialens**? Yn y dasg hon byddwch yn creu cyfarchiad cerddorol i gyd-fynd â churiad darn o gerddoriaeth. Y sialens yn syml yw i greu **symudiad unigryw** ar gyfer pob **curiad** o'r gerddoriaeth. Gallwch hyd yn oed greu eich cyfarchiad gydag aelod arall o'r cartref!

**Byddwch yn greadigol** gyda'ch cyfarchiad a chofiwch amseru pob **symudiad** i gyd-fynd â'r curiad!

Mae'r sialens wedi ei rannu i dri lefel gwahanol a phob un yn **anoddach** na'r llall. Allwch chi greu cyfarchiad gyda 17 neu hyd yn oed 25 symudiad?

**Lawrlwythwch** y gerddoriaeth a gwyliwch enghraift Llŷr gyda'i ffrind, Tomos, i gael ysbyrdoliaeth!

 [Lawrlwytho Cerddoriaeth Lefel 1](#)

 [Lawrlwytho Cerddoriaeth Lefel 2](#)

 [Lawrlwytho Cerddoriaeth Lefel 3](#)

Fancy a **challenge**? In this task, you will be creating your own musical handshake to go with the beat of a piece of music. Your challenge will be to create a **unique movement** for every **beat** of the music. You can even create your handshake with another member of your household!

**Be creative** with your handshake and remember to time each **move** to the beat of the music.

This challenge is split into three different levels, each one **harder** than the last. Can you create a handshake that has 17 or even 25 different movements?

**Download** the music and watch Llŷr and his friend, Tomos, creating their handshake to get inspired!

 [Download Level 1 Music](#)

 [Download Level 2 Music](#)

 [Download Level 3 Music](#)

Cliciwr yma



Click here

Gyrrwch fideo o'ch  
cyfarchion atom ni  
Send us a video of  
your handshake

Tua 1 awr

# Creu Ffilm Fer

## Making a Short Film

Yn y dasg hon, byddwch yn **arbrofi** gyda **technegau ffilmio** enwog i greu eich ffilm fer eich hun.

### Beth fydd ei angen

- **Ffôn**, dabled neu gamera sy'n gallu saethu fideo
- Unrhyw wrthrych o'r tŷ neu'r ardd
- Ap **golygu** fideo
- Darn o gerddoriaeth

### Y Dasg

**Dewch o hyd** i wrthrych o amgylch y tŷ neu'r ardd (e.e. goriad). **Gosodwch** y gwrthrych mewn lle difyr yn eich cartref (e.e. y tŷ bach neu gwpwrdd). Nawr ewch ati i ffilmio tri siot gwahanol o'ch gwrthrych yn ei leoliad.

1. **Siot lydan** - siot o'ch gwrthrych o bellter
2. **Siot ganolig** - siot o'ch gwrthrych yn agosach
3. **Siot agos** - siot o'ch gwrthrych yn agos iawn

**Sicrhewch** eich bod chi'n recordio pob siot am **6 eiliad**. Nawr gallwch ddefnyddio ap golygu fideo i roi'r clipiau at ei gilydd a rhoi cerddoriaeth gefndirol i greu **naws** arbennig i'ch ffilm fer.

In this task, you will **experiment** with famous film **techniques** to create your own short film.

### What you'll need

- **Phone**, tablet or camera than can shoot video
- Any object from your house or garden
- A video **editing** app
- Some music of your choice

### The task

**Find** an object from your house or garden (e.g. a set of keys). **Place** the object in an interesting place in your home (e.g. bathroom or cupboard). Now you'll need to film three different shots of your object in its location.

1. **Wide shot** - a shot of your object from afar
2. **Medium shot** - a closer shot of your object
3. **Close up** - a really close shot of your object

**Make sure** that you record each shot for **6 seconds**. Once you have collected your shots, you can use a video editing app to put your clips together and add music to create **atmosphere** in your short film.



Tua 1 awr

# Mwgwd Paper Mache

## Paper Mache Mask

Yn y dasg hon, byddwch yn creu **mwgwd paper mache**. Cofiwch fod yn greadigol a'ch mwgwd chi a'i **addurno** gyda'ch hoff bethau!

### Beth fydd ei angen

- Powlen blastig neu falŵn
- Papur newydd
- Glud PVA neu flawd
- Tâp selo neu *masking*
- Siswrn
- Cling film
- Llinyn

### Cyfarwyddiadau

Dewch o hyd i fowlen blastig neu falŵn. Mae'n bwysig fod y bowlen neu falŵn **ychydig yn fwy** na maint eich **pen** fel bod y mwgwd yn ffitio eich **wyneb** ar y diwedd.

Os ydych chi'n defnyddio **powlen blastig**, dylech ei orchuddio â 'cling film' fel na fydd y mwgwd yn mynd yn sownd i'r bowlen ar y diwedd.

**Ystyriwch** os ydych chi am roi **clustiau** neu drwyn ar eich mwgwd. Gallwch dorri **siapiau** allan o gardfwrdd neu focsys wyau i wneud y rhain a'u **tapio** â thâp i'ch powlen neu falŵn. Mae tâp *masking* yn gweithio'n dda ar gyfer hyn.

In this task, you will be making a paper mache **mask**! Remember to be creative and **decorate** your mask with your favourite things.

### What you'll need

- Plastic bowl or balloon
- Newspaper
- PVA glue or flour
- Sellotape or masking tape
- Scissors
- Cling film
- String

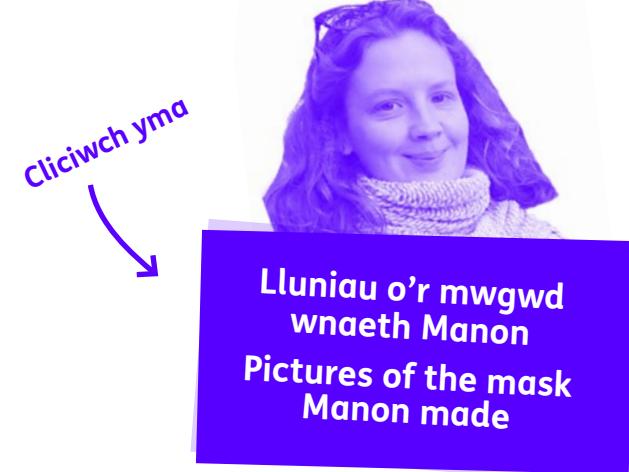
### Instructions

Find a plastic bowl or balloon to use as a base for your mask. The bowl or balloon must be **slightly bigger** than your **head** so that your **face** will fit your mask in the end.

If you're using a **plastic bowl**, you should cover the bowl with cling film. It will stop the mask from sticking to the bowl at the end.

**Consider** if you're going to be adding a nose or **ears** to your mask. You can cut **shapes** out of cardboard or egg boxes to make these and **tape** them down to your bowl or balloon. Masking tape works well at this stage.

Cliciuch yma



Lluniau o'r mwgwd  
wnaeth Manon  
Pictures of the mask  
Manon made

Click here

Gyrrwch lun o'ch  
mwgwd atom ni  
Send us a photo  
of your mask



Tua 2 ddiwrnod

Nawr mae'n amser ychwanegu'r *paper mache*.  
**Cymsgwch** iud PVA gydag ychydig o ddŵr. Os nad oes gennych chi iud PVA, gallwch ddefnyddio **cymysgedd** o flawd a dŵr.

**Rhwygwch** dudalennau papur newydd i **sribedi** tenau, rhowch **haen** o lud dros eich powlen neu falŵn a dechreuwch orchuddio'r mwgwd â'r sribedi papur newydd.

Bydd angen i chi **ychwanegu** mwy nag un haen o lud a sribedi papur. Sicrhewch fod digon o haenau i wneud y mwgwd yn gryf! Os ydych chi'n defnyddio **balŵn**, cofiwch adael patshyn gwag ar y cefn. Dyma lle fydd eich wyneb yn ffitio unwaith fyddwch chi wedi gorffen y mwgwd.

Nawr, gadewch i'w mwgwd **sychu** dros nos.

Unwaith bydd eich mwgwd wedi sychu'n gyfan gwbl, mae'n amser i chi ei dynnu oddi ar y fowlen neu falŵn. Os wnaethoch chi ddefnyddio powlen yna gallwch fynd ati i dynnu'r mwgwd oddi arno yn ofalus. Fe ddylai'r 'cling film' wneud y dasg yn haws! Os wnaethoch chi ddefnyddio balŵn, fe ddylech ofyn wrth **oedolyn** i'ch helpu i fyrstio'r balŵn gan adael dim ond y mwgwd ar ôl.

Mae'r camau nesaf hefyd yn gofyn am gymorth oedolyn. Bydd angen i chi roi'r mwgwd ar eich wyneb yn ystod y camau yma i sicrhau eich bod chi'n torri tyllau yn y llef ydd cywir. Peidiwch â defnyddio **siswrn** tra bod y mwgwd ar eich wyneb!

Now it's time to start work on your paper mache!  
**Mix** PVA glue with a little bit of water. If you don't have PVA, you can create a **mixture** of flour and water which also works well.

**Tear** your newspaper into thin **strips**. You'll need quite a few strips. Spread a **layer** of glue over your bowl or balloon and start to cover your mask with the newspaper strips.

You'll need to **add** many layers of glue and newspaper. Make sure that there are plenty of layers to make your mask strong! If you're using a **balloon**, remember to leave an empty patch on the back. This is where your face will fit once you have finished your mask.

Now leave the mask to **dry** overnight.

Once your mask had dried completely, it's time to take it off the bowl or balloon that you used as a base. If you used a bowl, you can carefully peel the mask off the bowl. Don't rush it! The cling film on the bowl should make this task easier! If you used a balloon, you should ask an **adult** to help you burst the balloon and remove it from the mask.

You will need an adult to help you through the next few steps. You might also need to put the mask on your face to ensure that you cut holes in the right place. Do not use **scissors** while the mask is on your face!

## Creu glud allan o flawr a dŵr

Mesurwch 200 gram o flawd a 200 gram o ddŵr. Cymsgwch gyda'i gilydd nes bod unrhyw lympiau wedi mynd yn llwyr. Fe ddylai'r gymysgfa fod fel glud.

Gallwch ychwanegu rhagor o ddŵr os yw'n rhy drwchus. Ychwanegwch binsiad o halen i'r gymysgfa i'w gadw'n ffres!

## Making glue from flour and water

Measure 200 grams of flour and 200 grams of water. Mix them together until there are no lumps left in the mixture. The mixture should be like thick glue! If it's too thick, you can add water. You can also add a pinch of salt to the mixture to stop it from going moldy!

Yn gyntaf, gyda chymorth oedolyn, **tacluswch** ymylon y mwgwd gyda siswrn.

Tra'n gwisgo'r mwgwd am eich wyneb, **gofynnwch** wrth oedolyn i roi marc yn yr ardal lle mae eich llygaid. Bydd angen i chi hefyd roi marc pob ochr i'ch mwgwd. Fe ddylai'r marciau yma fod ychydig yn uwch na'ch **clustiau**.

Tynnwch y mwgwd oddi ar eich wyneb a gofynnwch wrth oedolyn i ddefnyddio'r marciau i dorri dau dwll i'ch **llygaid** a dau dwll bychan pob ochr i'r mwgwd. Mae'r tyllau bychan yma ar gyfer **clymu** llinyn ar y mwgwd.

**Bwydwch** llinyn drwy un o'r tyllau a wnaethoch a'r ochr eich mwgwd a rhoi **cwlwm** mawr ynddo i'w gadw yn ei le. Yna, bwydwch ben arall y llinyn drwy'r twll bychan ar ochr arall y mwgwd. Gallwch wisgo'r mwgwd ar y pwynt yma a chael cymorth gan rywun i wneud yn siŵr fod y llinyn yn dal y mwgwd yn gyfforddus ar eich wyneb.

Nawr mae'n amser **paentio ac addurno!** Gallwch ddefnyddio paent neu binnau ffelt sydd gennych chi i law i wneud **patrymau** lliwgar ar eich mwgwd. Neu beth am ddefnyddio hen ddarnau o gylchgronau neu bapur lliw a'u gludo ar eich mwgwd i greu effaith patrymog ar eich mwgwd? Byddwch yn greadigol a defnyddiwrch eich **dychymyg!**

Firstly, with the help of an adult, **tidy** up the edges of your mask with scissors.

While wearing the mask, **ask** an adult to help you mark the area where your eyes are. You will also need to put a small mark on each side of your mask. These small marks should be just above your **ears**.

Take the mask off and ask an adult to cut two holes for your **eyes** using the marks you've just made. You should also make two small holes using the marks you made either side of your mask. These holes are important as they will allow you to **tie** some string to your mask to hold it in place.

**Feed** string through one of the holes you made on your mask's side and tie a good **knot** in it to keep it in its place. Then, feed the other end of the string through the small hole on the other side of your mask. It might be best for you to wear the mask while doing this and having someone to help you to make sure that the string holds the mask comfortably on your face.

Now it's time to **paint and decorate** your mask! You can use any paint or felt pens you have to hand to create colourful **patterns**. Or how about using some old magazines and coloured paper to create a patterned effect on your mask. Be creative and remember to use your **imagination**!

## PWYSIG

### Gofynnwch wrth oedolyn am gymorth gyda defnyddio siswrn

**IMPORTANT**  
**Ask an adult to help you when using scissors**

**Cofiwch y gallwch addurno eich mwgwd gyda phob math o bethau gan gynnwys brigau a dail o'r ardd**

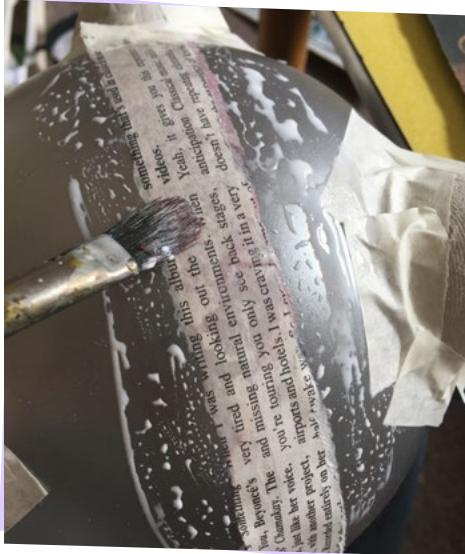
**Remember that you can decorate your mask with all kinds of things including twigs and leaves from the garden**



Balŵn a darnau o focs wyau fel clustiau  
Balloon with egg box pieces as ears



Torri stribedi papur newydd  
Cutting strips of newspaper



Dechrau rhoi haenau o lud a phapur  
Starting the layers of glue and paper



Gadael y masg i sychu dros nos  
Leaving the mask to dry overnight



Tacluso ymylon y masg  
Tidying the edges of the mask



Torri tyllau i'r llygaid  
Cutting holes for the eyes



Llinyn sy'n dal y masg ar ein hwyneb  
String to hold the mask on our face



Y masg yn barod i'w addurno  
The mask ready to decorate

# Diolch

## Thank you

Gwnaethwyd y pecyn hwn fel rhan o brosiect cydweithredol 'Cynefin', rhwng Theatr Clwyd, Athrawon Ymgynghorol Cymraeg Sir y Fflint ac Ysgolion lleol.

Os welwch chi unrhyw broblem gyda chynnwys y pecyn hwn, gallwch gysylltu drwy ebostio [cynefin@theatrclwyd.com](mailto:cynefin@theatrclwyd.com)

Cyhoeddwyd y pecyn ar 13/5/20  
F1.0

This activity pack was made as part of the collaborative 'Cynefin' project, between Theatr Clwyd, Flintshire Welsh Advisory Teachers and local schools.

If you find any problems with the content in this pack, you can email [cynefin@theatrclwyd.com](mailto:cynefin@theatrclwyd.com)

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Theatr  
Clwyd